

# BDFPF BK. CHAMP BEL SQUAT UNEQ 2014

## BK. SQUAT UNEQUIPPED 2014


1	- 44 KG	Van Casteren	Hanne	V	Gilberts Gym	15 T1	40,0	50	55	65		77,60
1	- 80 KG	Wuyts	Helen	V	Gilberts Gym	23 JR	70,4	100	110	115	125,5	86,83
1	75 KG	Sudarminto	Indra	M	Planet Fitness	23 JR	73,2	200	215	-225		145,64
2	75 KG	Marieën	Lenn	M	Do-It	22 JR	74,8	180	190	197,5		131,52
3	75 KG	Verbinnen	Sony	M	Gilberts Gym	22 JR	74,6	100	-120	125		83,41
1	75 KG	Tirth	Ram	M	Isogym	41 M1	73,5	-180	-180	180	-185,5	121,54
1	75 KG	Hallewaert	Bart	M	Isogym	45 M2	74,7	172,5	180	185	185,5	123,32
1	75 KG	Callemeyn	Johny	M	KBBC	60 M5	72,8	135	142,5	145	147,5	98,67
1	82,5 KG	Jans	Ben	M	Patton Team	17 T2	80,0	-150	150	-155		94,94
1	90 KG	Peeters	Alan	M	Do-It	20 JR	89,3	190	205	215	220	126,44
1	110 KG	Vermote	Gianni	M	Isogym	41 M1	109,4	165	185	200	210,5	107,44

 Nat Record

 World Record

 European Record

 Best Lifter

 Drugtested

# BELGIAN DRUG FREE POWERLIFTING FEDERATION

## SQUAT UNEQUIPPED : BELGIAN RECORDS

### WOMEN - 44 KG

T1 (14-15)	Van Casteren Hanne ( 28/07/2013)	67,5
T2 (16-17)	Van Casteren Hanne ( 28/07/2013)	67,5
T3 (18-19)	Van Casteren Hanne ( 28/07/2013)	67,5
JR (20-23)	Van Casteren Hanne ( 28/07/2013)	67,5
SR (24-39)	Van Casteren Hanne ( 28/07/2013)	67,5
M1 (40-44)		60
M2 (45-49)		55
M3 (50-54)		50
M4 (55-59)		45
M5 (60-64)		40
M6 (65-69)		35
M7 (70-74)		30
M8 (75-79)		30
M9 (80-84)		30

### WOMEN - 47,5 KG

T1 (14-15)		50
T2 (16-17)		55
T3 (18-19)		60
JR (20-23)		65
SR (24-39)		70
M1 (40-44)		65
M2 (45-49)		60
M3 (50-54)		55
M4 (55-59)		50
M5 (60-64)		45
M6 (65-69)		40
M7 (70-74)		35
M8 (75-79)		35
M9 (80-84)		35

### WOMEN - 50,5 KG

T1 (14-15)		55
T2 (16-17)		60
T3 (18-19)		65
JR (20-23)		70
SR (24-39)	Van Vlasselaer Marijke(12/10/2013)	82,5
M1 (40-44)		70
M2 (45-49)		65
M3 (50-54)		60
M4 (55-59)		55
M5 (60-64)		50
M6 (65-69)		45
M7 (70-74)		40
M8 (75-79)		40
M9 (80-84)		40

### WOMEN - 53 KG

T1 (14-15)		60
T2 (16-17)		65
T3 (18-19)		70
JR (20-23)		75
SR (24-39)		80
M1 (40-44)		75
M2 (45-49)		70
M3 (50-54)		65
M4 (55-59)		60
M5 (60-64)		55
M6 (65-69)		50
M7 (70-74)		45
M8 (75-79)		45
M9 (80-84)		45

### WOMEN - 55,5 KG

T1 (14-15)		65
T2 (16-17)		70
T3 (18-19)		75
JR (20-23)		80
SR (24-39)		85
M1 (40-44)		80
M2 (45-49)		75
M3 (50-54)		70
M4 (55-59)		65
M5 (60-64)		60
M6 (65-69)		55
M7 (70-74)		50
M8 (75-79)		50
M9 (80-84)		50

### WOMEN - 58,5 KG

T1 (14-15)		70
T2 (16-17)	Wuyts Helen 05 -2009	112,5
T3 (18-19)	Wuyts Helen 09 - 2009	120
JR (20-23)	Wuyts Helen 09 -2009	120
SR (24-39)	Wuyts Helen 09 - 2009	120
M1 (40-44)		85
M2 (45-49)		80
M3 (50-54)		75
M4 (55-59)		70
M5 (60-64)		65
M6 (65-69)		60
M7 (70-74)		55
M8 (75-79)		55
M9 (80-84)		55

Nieuw - Nouveau RECORD

# BELGIAN DRUG FREE POWERLIFTING FEDERATION

## SQUAT UNEQUIPPED : BELGIAN RECORDS

### WOMEN - 63 KG

T1 (14-15)		75
T2 (16-17)		80
T3 (18-19)	Wuyts Helen 10 - 2010	122,5
JR (20-23)	Wuyts Helen 16/9/11	125
SR (24-39)	Wuyts Helen 16/9/11	125
M1 (40-44)		90
M2 (45-49)		85
M3 (50-54)		80
M4 (55-59)		75
M5 (60-64)		70
M6 (65-69)		65
M7 (70-74)		60
M8 (75-79)		60
M9 (80-84)		60

### WOMEN - 70 KG

T1 (14-15)		80
T2 (16-17)		85
T3 (18-19)		90
JR (20-23)	Wuyts Helen ( 28/07/2013)	125
SR (24-39)	Wuyts Helen ( 28/07/2013)	125
M1 (40-44)		95
M2 (45-49)		90
M3 (50-54)		85
M4 (55-59)		80
M5 (60-64)		75
M6 (65-69)		70
M7 (70-74)		65
M8 (75-79)		65
M9 (80-84)		65

### WOMEN - 80 KG

T1 (14-15)	Dechamps Nadege (7/04/2012)	125
T2 (16-17)	Dechamps Nadege (7/04/2012)	125
T3 (18-19)	Dechamps Nadege (7/04/2012)	125
JR (20-23)	Wuyts Helen(21/06/2014)	125,5
SR (24-39)	Wuyts Helen(21/06/2014)	125,5
M1 (40-44)		100
M2 (45-49)		95
M3 (50-54)		90
M4 (55-59)		85
M5 (60-64)		80
M6 (65-69)		75
M7 (70-74)		70
M8 (75-79)		70
M9 (80-84)		70

### WOMEN - 90 KG

T1 (14-15)		90
T2 (16-17)		95
T3 (18-19)		100
JR (20-23)		105
SR (24-39)		110
M1 (40-44)		105
M2 (45-49)		100
M3 (50-54)		95
M4 (55-59)		90
M5 (60-64)		85
M6 (65-69)		80
M7 (70-74)		75
M8 (75-79)		75
M9 (80-84)		75

### WOMEN + 90 KG

T1 (14-15)		90
T2 (16-17)		95
T3 (18-19)		100
JR (20-23)		105
SR (24-39)		110
M1 (40-44)		105
M2 (45-49)		100
M3 (50-54)		95
M4 (55-59)		90
M5 (60-64)		85
M6 (65-69)		80
M7 (70-74)		75
M8 (75-79)		75
M9 (80-84)		75

Nieuw - Nouveau RECORD

# BELGIAN DRUG FREE POWERLIFTING FEDERATION

## SQUAT UNEQUIPPED : BELGIAN RECORDS

### MEN'S - 52 KG

T1 (14-15)		65
T2 (16-17)		70
T3 (18-19)		7
JR (20-23)		80
SR (24-39)	De Lauw Luc(12/10/2013)	95
M1 (40-44)	De Lauw Luc(12/10/2013)	95
M2 (45-49)	De Lauw Luc(12/10/2013)	95
M3 (50-54)		70
M4 (55-59)		65
M5 (60-64)		60
M6 (65-69)		55
M7 (70-74)		50
M8 (75-79)		50
M9 (80-84)		50

### MEN'S - 56 KG

T1 (14-15)	Devos Gillian(12/10/2013)	72,5
T2 (16-17)		75
T3 (18-19)		80
JR (20-23)	Vermeulen Sven (7/04/2012)	110
SR (24-39)	Vermeulen Sven (7/04/2012)	110
M1 (40-44)		85
M2 (45-49)		80
M3 (50-54)		75
M4 (55-59)		70
M5 (60-64)		65
M6 (65-69)		60
M7 (70-74)		55
M8 (75-79)		55
M9 (80-84)		55

### MEN'S - 60 KG

T1 (14-15)		75
T2 (16-17)		80
T3 (18-19)	Jacmart Jeremy (25/09/2011)	115
JR (20-23)	Jacmart Jeremy (25/09/2011)	115
SR (24-39)	Maréchal Thierry 10 -2000	125
M1 (40-44)		90
M2 (45-49)		85
M3 (50-54)		75
M4 (55-59)		70
M5 (60-64)		65
M6 (65-69)		60
M7 (70-74)		60
M8 (75-79)		60
M9 (80-84)		60

### MEN'S - 67,5 KG

T1 (14-15)	Eeckhout Laurens 03 - 2010	100
T2 (16-17)	Mignolet Geoffrey (25/09/2011)	175
T3 (18-19)	Mignolet Geoffrey (25/09/2011)	175
JR (20-23)	Mignolet Geoffrey (25/09/2011)	175
SR (24-39)	Mignolet Geoffrey (25/09/2011)	175
M1 (40-44)	Callemeyn Johny 03 -2009	135
M2 (45-49)	Callemeyn Johny 03 -2009	135
M3 (50-54)	Callemeyn Johny 03 -2009	135
M4 (55-59)	Callemeyn Johny 03 -2009	135
M5 (60-64)		100
M6 (65-69)		95
M7 (70-74)	Hamerlinck Gilbert(11/05/2013)	92,5
M8 (75-79)		85
M9 (80-84)		80

### MEN'S - 75 KG

T1 (14-15)	Van Gucht Maikel (25/09/2011)	140
T2 (16-17)	Van Gucht Maikel (25/09/2011)	140
T3 (18-19)	De Vissher Geovanni (7/04/2012)	180
JR (20-23)	Sudarminto Indra (7/04/2012)	230
SR (24-39)	Sudarminto Indra (7/04/2012)	230
M1 (40-44)	Hallewaert Bart(21/06/2014)	185,5
M2 (45-49)	Hallewaert Bart(21/06/2014)	185,5
M3 (50-54)	Callemeyn Johny 06-2006	162,5
M4 (55-59)	Callemeyn Johny 03 - 2010	155
M5 (60-64)	Callemeyn Johny(21/06/2014)	147,5
M6 (65-69)		110
M7 (70-74)		105
M8 (75-79)		100
M9 (80-84)		95

### MEN'S - 82,5 KG

T1 (14-15)		120
T2 (16-17)	Peeters Alan (25/09/2011)	152,5
T3 (18-19)	Sudarminto Indra 03 - 2010	190,5
JR (20-23)	Sudarminto Indra (07/09/2012)	232,5
SR (24-39)	Sudarminto Indra (07/09/2012)	232,5
M1 (40-44)	Remy Roger 03 -2009	180
M2 (45-49)	Remy Roger 03 -2009	180
M3 (50-54)	Remy Roger 03 -2009	180
M4 (55-59)	Remy Roger 03 -2009	180
M5 (60-64)	Theyssens Martin 10 -2000	140
M6 (65-69)		120
M7 (70-74)		110
M8 (75-79)		105
M9 (80-84)		100

Nieuw - Nouveau RECORD

# BELGIAN DRUG FREE POWERLIFTING FEDERATION

## SQUAT UNEQUIPPED : BELGIAN RECORDS

### MEN'S - 90 KG

T1 (14-15)	Jans Ben (25/09/2011)	150
T2 (16-17)	Jans Ben (25/09/2011)	150
T3 (18-19)	Peeters Alan(12/10/2013)	200
JR (20-23)	Peeters Alan(21/06/2014)	220
SR (24-39)	Servotte Geoffroy 04 -2007	262,5
M1 (40-44)	Vandelanoitte	200
M2 (45-49)	Verbeke Beny (25/09/2011)	190
M3 (50-54)		170
M4 (55-59)		165
M5 (60-64)	Theyssens Martin 09 -2007	157,5
M6 (65-69)	Theyssens Martin 09 -2007	157,5
M7 (70-74)	Theyssens Martin 05 -2010	152,5
M8 (75-79)		105
M9 (80-84)		100

### MEN'S - 100 KG

T1 (14-15)		135
T2 (16-17)	Van Roy Yannick 03 - 09	160
T3 (18-19)		170
JR (20-23)	Velghe Jonas (28/07/2013)	232,5
SR (24-39)	Servotte G. 03 - 08	265
M1 (40-44)		200
M2 (45-49)		190
M3 (50-54)		180
M4 (55-59)		170
M5 (60-64)		150
M6 (65-69)	Theyssens Martin 03 - 10	147,5
M7 (70-74)	Theyssens Martin 03 - 10	147,5
M8 (75-79)		110
M9 (80-84)		105

### MEN'S - 110 KG

T1 (14-15)		145
T2 (16-17)		160
T3 (18-19)	Van Roy Yannick 03 - 10	192,5
JR (20-23)	Van Roy Yannick (7/04/2012)	212,5
SR (24-39)	Van Roy Yannick (7/04/2012)	212,5
M1 (40-44)	Vermote Gianni(21/06/2014)	210,5
M2 (45-49)		200
M3 (50-54)		190
M4 (55-59)		180
M5 (60-64)	Leonard Michel 03 - 09	160,5
M6 (65-69)		135
M7 (70-74)		130
M8 (75-79)		125
M9 (80-84)		120

### MEN'S - 125 KG

T1 (14-15)	Dechamps Sebastien 03 - 09	230
T2 (16-17)	Dechamps Sebastien 14/03/10	245
T3 (18-19)	Dechamps Sebastien 14/03/10	245
JR (20-23)	Dechamps Jerome	255
SR (24-39)	Collart J-L 03 - 08	300
M1 (40-44)	Collart J-L 03 - 08	300
M2 (45-49)	Collart J-L 03 - 08	300
M3 (50-54)	Collart Jean-Luc 03 - 10	272,5
M4 (55-59)		190
M5 (60-64)		170
M6 (65-69)		150
M7 (70-74)		135
M8 (75-79)		130
M9 (80-84)		125

### MEN'S - 145 KG

T1 (14-15)		160
T2 (16-17)		170
T3 (18-19)	Dechamps Sebastien (7/04/2012)	250
JR (20-23)	Dechamps Sebastien (7/04/2012)	250
SR (24-39)	Dechamps Jerome (7/04/2012)	250
M1 (40-44)		220
M2 (45-49)		210
M3 (50-54)		200
M4 (55-59)		190
M5 (60-64)		170
M6 (65-69)		150
M7 (70-74)		135
M8 (75-79)		130
M9 (80-84)		125

### MEN'S + 145 KG

T1 (14-15)		165
T2 (16-17)		175
T3 (18-19)		195
JR (20-23)		210
SR (24-39)		240
M1 (40-44)		225
M2 (45-49)		215
M3 (50-54)		205
M4 (55-59)		195
M5 (60-64)		175
M6 (65-69)		155
M7 (70-74)		140
M8 (75-79)		135
M9 (80-84)		130

Nieuw - Nouveau RECORD