

BDFPF BK. - CHAMP.BEL SQUAT UNEQUIPPED 2012

BK. SQUAT UNEQUIPPED 2012

W.Class							1é	2é	3é	4	points
- 63 KG	Wuyts	Helen	V	Gilberts Gym	20 JR	59,3	115	122,5	125		108,60
- 80 KG	Dechamps	Nadege	V	Castors	15 T1	76,3	100	110	120	125	85,52
56 KG	Vermeulen	Sven	M	Iso Gym	20 JR	53,8	90	100	110	115	100,86
67,5 KG	Cuylle	Angelo	M	Isogym	18 T3	66,7	125	132,5	140		97,22
67,5 KG	Bruneel	Angelo	M	Isogym	18 T3	63,4	110	120	125		96,18
67,5 KG	Jacmart	Jeremy	M	Castors	20 JR	61,7	120	130	130		102,73
67,5 KG	Van Den Abbele	Tim	M	Gilberts Gym	24 SR	62,8	140	147,5	147,5		108,71
75 KG	De Vissher	Geovanni	M	Power Lebbeke	18 T3	69,4	160	175	180		127,49
75 KG	Sudarminto	Indra	M	Planet Fitness	21 JR	73,7	210	220	225	230	151,58
75 KG	Houbraken	Kim	M	Gilberts Gym	28 SR	69,8	150	162,5			114,53
75 KG	Tirth	Ram	M	Dynamic Gym	39 SR	73,8	155	165			104,32
75 KG	Van den Bogaert	Tony	M	Patton Team	33 SR	74,1	120	130	140		93,91
75 KG	Hallewaert	Bart	M	Isogym	43 M1	73,9	172,5	180	185		124,38
75 KG	Callemeyn	Johny	M	Fit 4 fun	58 M4	73,5	140	150	150		94,53
82,5 KG	Peeters	Alan	M	Gilberts Gym	18 T3	78,8	150	160	170		108,78
82,5 KG	Lauveryns	Jarno	M	House Of Gain	20 JR	75,6	145	155	160		102,35
82,5 KG	Soenens	Gillis	M	Isogym	21 JR	75,1	135	140	140		92,93
82,5 KG	Servotte	Geoffroy	M	Planet Fitness	31 SR	82,2	185	202,5	213		131,94
90 KG	Velghe	Jonas	M	Isogym	19 T3	89,2	157,5	162,5	167,5	172,5	98,57
90 KG	van Heesvelde	Bart	M	House Of Gain	19 T3	83,1	125	135	150		92,43
90 KG	Verbeke	Beny	M	Isogym	46 M2	88,5	140	155	165		97,58
100 KG	Van Heesvelde	Jeroen	M	House Of Gain	21 JR	98,7	207,5	220	225,5		122,61
100 KG	Theyssens	Martin	M	Patton Team	72 M7	91,7	110	120			63,69
110 KG	Van Roy	Yannick	M	Planet Fitness	20 JR	108,2	185	200,5	210	212,5	113,15
110 KG	Peeters	Geeraard	M	Patton Team	25 SR	101,1	165	175	180		96,51
125 KG	Golsteyn	Bart	M	Isogym	46 M2	117,2	170	180	190		95,31
145 KG	Dechamps	Sebastien	M	Castors	18 T3	133,9	220	240,5	245	250	125,02
145 KG	Dechamps	Jerome	M	Castors	24 SR	127,5	220	240,5	245	250	126,91

 Nat Record

 European Record

 World Record

 Best Lifter

 Drugtested

BELGIAN DRUG FREE POWERLIFTING FEDERATION

SQUAT UNEQUIPPED : BELGIAN RECORDS

WOMEN - 44 KG

T1 (14-15)		45	
T2 (16-17)		50	
T3 (18-19)		55	
JR (20-23)		60	
SR (24-39)		65	
M1 (40-44)		60	
M2 (45-49)		55	
M3 (50-54)		50	
M4 (55-59)		45	
M5 (60-64)		40	
M6 (65-69)		35	
M7 (70-74)		30	
M8 (75-79)		30	
M9 (80-84)		30	

WOMEN - 47,5 KG

T1 (14-15)		50	
T2 (16-17)		55	
T3 (18-19)		60	
JR (20-23)		65	
SR (24-39)		70	
M1 (40-44)		65	
M2 (45-49)		60	
M3 (50-54)		55	
M4 (55-59)		50	
M5 (60-64)		45	
M6 (65-69)		40	
M7 (70-74)		35	
M8 (75-79)		35	
M9 (80-84)		35	

WOMEN - 50,5 KG

T1 (14-15)		55	
T2 (16-17)		60	
T3 (18-19)		65	
JR (20-23)		70	
SR (24-39)		75	
M1 (40-44)		70	
M2 (45-49)		65	
M3 (50-54)		60	
M4 (55-59)		55	
M5 (60-64)		50	
M6 (65-69)		45	
M7 (70-74)		40	
M8 (75-79)		40	
M9 (80-84)		40	

WOMEN - 53 KG

T1 (14-15)		60	
T2 (16-17)		65	
T3 (18-19)		70	
JR (20-23)		75	
SR (24-39)		80	
M1 (40-44)		75	
M2 (45-49)		70	
M3 (50-54)		65	
M4 (55-59)		60	
M5 (60-64)		55	
M6 (65-69)		50	
M7 (70-74)		45	
M8 (75-79)		45	
M9 (80-84)		45	

WOMEN - 55,5 KG

T1 (14-15)		65	
T2 (16-17)		70	
T3 (18-19)		75	
JR (20-23)		80	
SR (24-39)		85	
M1 (40-44)		80	
M2 (45-49)		75	
M3 (50-54)		70	
M4 (55-59)		65	
M5 (60-64)		60	
M6 (65-69)		55	
M7 (70-74)		50	
M8 (75-79)		50	
M9 (80-84)		50	

WOMEN - 58,5 KG

T1 (14-15)		70	
T2 (16-17)	Wuyts Helen	112,5	16/05/2009
T3 (18-19)	Wuyts Helen	120	11/09/2009
JR (20-23)	Wuyts Helen	120	11/09/2009
SR (24-39)	Wuyts Helen	120	11/09/2009
M1 (40-44)		85	
M2 (45-49)		80	
M3 (50-54)		75	
M4 (55-59)		70	
M5 (60-64)		65	
M6 (65-69)		60	
M7 (70-74)		55	
M8 (75-79)		55	
M9 (80-84)		55	

Nieuw - Nouveau RECORD

BELGIAN DRUG FREE POWERLIFTING FEDERATION

SQUAT UNEQUIPPED : BELGIAN RECORDS

WOMEN - 63 KG

T1 (14-15)		75	
T2 (16-17)		80	
T3 (18-19)	Wyuts Helen	122,5	1/10/2010
JR (20-23)	Wyuts Helen	125	16/09/2011
SR (24-39)	Wyuts Helen	125	16/09/2011
M1 (40-44)		90	
M2 (45-49)		85	
M3 (50-54)		80	
M4 (55-59)		75	
M5 (60-64)		70	
M6 (65-69)		65	
M7 (70-74)		60	
M8 (75-79)		60	
M9 (80-84)		60	

WOMEN - 70 KG

T1 (14-15)		80	
T2 (16-17)		85	
T3 (18-19)		90	
JR (20-23)		95	
SR (24-39)		100	
M1 (40-44)		95	
M2 (45-49)		90	
M3 (50-54)		85	
M4 (55-59)		80	
M5 (60-64)		75	
M6 (65-69)		70	
M7 (70-74)		65	
M8 (75-79)		65	
M9 (80-84)		65	

WOMEN - 80 KG

T1 (14-15)	Dechamps Nadege	125	07/04/2012
T2 (16-17)	Dechamps Nadege	125	07/04/2012
T3 (18-19)	Dechamps Nadege	125	07/04/2012
JR (20-23)	Dechamps Nadege	125	07/04/2012
SR (24-39)	Dechamps Nadege	125	07/04/2012
M1 (40-44)		100	
M2 (45-49)		95	
M3 (50-54)		90	
M4 (55-59)		85	
M5 (60-64)		80	
M6 (65-69)		75	
M7 (70-74)		70	
M8 (75-79)		70	
M9 (80-84)		70	

WOMEN - 90 KG

T1 (14-15)		90	
T2 (16-17)		95	
T3 (18-19)		100	
JR (20-23)		105	
SR (24-39)		110	
M1 (40-44)		105	
M2 (45-49)		100	
M3 (50-54)		95	
M4 (55-59)		90	
M5 (60-64)		85	
M6 (65-69)		80	
M7 (70-74)		75	
M8 (75-79)		75	
M9 (80-84)		75	

WOMEN + 90 KG

T1 (14-15)		90	
T2 (16-17)		95	
T3 (18-19)		100	
JR (20-23)		105	
SR (24-39)		110	
M1 (40-44)		105	
M2 (45-49)		100	
M3 (50-54)		95	
M4 (55-59)		90	
M5 (60-64)		85	
M6 (65-69)		80	
M7 (70-74)		75	
M8 (75-79)		75	
M9 (80-84)		75	

Nieuw - Nouveau RECORD

BELGIAN DRUG FREE POWERLIFTING FEDERATION

SQUAT UNEQUIPPED : BELGIAN RECORDS

MEN'S - 52 KG

T1 (14-15)		65	
T2 (16-17)		70	
T3 (18-19)		75	
JR (20-23)		80	
SR (24-39)		85	
M1 (40-44)		80	
M2 (45-49)		75	
M3 (50-54)		70	
M4 (55-59)		65	
M5 (60-64)		60	
M6 (65-69)		55	
M7 (70-74)		50	
M8 (75-79)		50	
M9 (80-84)		50	

MEN'S - 56 KG

T1 (14-15)		70	
T2 (16-17)		75	
T3 (18-19)		80	
JR (20-23)	Vermeulen Sven	110	7/04/2012
SR (24-39)	Vermeulen Sven	110	07/04/2012
M1 (40-44)		85	
M2 (45-49)		80	
M3 (50-54)		75	
M4 (55-59)		70	
M5 (60-64)		65	
M6 (65-69)		60	
M7 (70-74)		55	
M8 (75-79)		55	
M9 (80-84)		55	

MEN'S - 60 KG

T1 (14-15)		75	
T2 (16-17)		80	
T3 (18-19)	Jacmart Jeremy	115	25/09/2011
JR (20-23)	Jacmart Jeremy	115	25/09/2011
SR (24-39)	Maréchal Thierry	125	21/10/2000
M1 (40-44)		90	
M2 (45-49)		85	
M3 (50-54)		80	
M4 (55-59)		75	
M5 (60-64)		70	
M6 (65-69)		65	
M7 (70-74)		60	
M8 (75-79)		60	
M9 (80-84)		60	

MEN'S - 67,5 KG

T1 (14-15)	Eeckhout Laurens	100	14/03/2010
T2 (16-17)	Mignolet Geoffrey	175	25/09/2011
T3 (18-19)	Mignolet Geoffrey	175	25/09/2011
JR (20-23)	Mignolet Geoffrey	175	25/09/2011
SR (24-39)	Mignolet Geoffrey	175	25/09/2011
M1 (40-44)	Callemeyn Johnny	135	28/03/2009
M2 (45-49)	Callemeyn Johnny	135	28/03/2009
M3 (50-54)	Callemeyn Johnny	135	28/03/2009
M4 (55-59)	Callemeyn Johnny	135	28/03/2009
M5 (60-64)		100	
M6 (65-69)		95	
M7 (70-74)		90	
M8 (75-79)		85	
M9 (80-84)		80	

MEN'S - 75 KG

T1 (14-15)	Van Gucht Maikel	140	25/09/2011
T2 (16-17)	Van Gucht Maikel	140	25/09/2011
T3 (18-19)	De Vissher Geovanni	180	07/04/2012
JR (20-23)	Sudarminto Indra	230	07/04/2012
SR (24-39)	Sudarminto Indra	230	07/04/2012
M1 (40-44)	Hallewaert Bart	185	07/04/2012
M2 (45-49)	Callemeyn Johnny	162,5	03/06/2006
M3 (50-54)	Callemeyn Johnny	162,5	03/06/2006
M4 (55-59)	Callemeyn Johnny	155	14/03/2010
M5 (60-64)		120	
M6 (65-69)		110	
M7 (70-74)		105	
M8 (75-79)		100	
M9 (80-84)		95	

MEN'S - 82,5 KG

T1 (14-15)		120	
T2 (16-17)	Peeters Alan	152,5	25/09/2011
T3 (18-19)	Sudarminto Indra	190,5	14/03/2010
JR (20-23)	Sudarminto Indra	212,5	25/09/2011
SR (24-39)	Servotte Geoffroy	231	07/04/2012
M1 (40-44)	Remy Roger	180	28/03/2009
M2 (45-49)	Remy Roger	180	28/03/2009
M3 (50-54)	Remy Roger	180	28/03/2009
M4 (55-59)	Remy Roger	180	28/03/2009
M5 (60-64)	Theyssens Martin	140	21/10/2000
M6 (65-69)		120	
M7 (70-74)		110	
M8 (75-79)		105	
M9 (80-84)		100	

Nieuw - Nouveau RECORD

BELGIAN DRUG FREE POWERLIFTING FEDERATION

SQUAT UNEQUIPPED : BELGIAN RECORDS

MEN'S - 90 KG

T1 (14-15)	Jans Ben	150	25/09/2011
T2 (16-17)		140	
T3 (18-19)	Velghe Jonas	167,5	07/04/2012
JR (20-23)		180	
SR (24-39)	Servotte Geoffroy	262,5	27/04/2007
M1 (40-44)	Verbeke Beny	200,5	25/09/2011
M2 (45-49)	Verbeke Beny	200,5	25/09/2011
M3 (50-54)		170	
M4 (55-59)		165	
M5 (60-64)	Theyssens Martin	157,5	01/09/2007
M6 (65-69)	Theyssens Martin	157,5	01/09/2007
M7 (70-74)	Theyssens Martin	152,5	23/05/2010
M8 (75-79)		105	
M9 (80-84)		100	

MEN'S - 100 KG

T1 (14-15)		135	
T2 (16-17)	Van Roy Yannick	165	28/03/2009
T3 (18-19)		170	
JR (20-23)	Van Heesvelde Jeroen	220	07/04/2012
SR (24-39)	Servotte Geoffroy	265	15/03/2008
M1 (40-44)		200	
M2 (45-49)		190	
M3 (50-54)		180	
M4 (55-59)		170	
M5 (60-64)		150	
M6 (65-69)	Theyssens Martin	147,5	14/03/2010
M7 (70-74)	Theyssens Martin	147,5	14/03/2010
M8 (75-79)		110	
M9 (80-84)		105	

MEN'S - 110 KG

T1 (14-15)		145	
T2 (16-17)		160	
T3 (18-19)	Van Roy Yannick	192,5	14/03/2010
JR (20-23)	Van Roy Yannick	212,5	07/04/2012
SR (24-39)	Martin Joe	240	28/03/2009
M1 (40-44)		210	
M2 (45-49)		200	
M3 (50-54)		190	
M4 (55-59)		180	
M5 (60-64)	Leonard Michel	160,5	28/03/2009
M6 (65-69)		135	
M7 (70-74)		130	
M8 (75-79)		125	
M9 (80-84)		120	

MEN'S - 125 KG

T1 (14-15)	Dechamps Sebastien	230	28/03/2009
T2 (16-17)	Dechamps Sebastien	245	14/03/2010
T3 (18-19)	Dechamps Sebastien	245	14/03/2010
JR (20-23)	Dechamps Jerome	255	14/03/2010
SR (24-39)	Collart Jean-Luc	300	15/03/2008
M1 (40-44)	Collart Jean-Luc	300	15/03/2008
M2 (45-49)	Collart Jean-Luc	300	15/03/2008
M3 (50-54)	Collart Jean-Luc	272,5	14/03/2010
M4 (55-59)		190	
M5 (60-64)		170	
M6 (65-69)		150	
M7 (70-74)		135	
M8 (75-79)		130	
M9 (80-84)		125	

MEN'S - 145 KG

T1 (14-15)		160	
T2 (16-17)		170	
T3 (18-19)	Dechamps Seba	250	7/04/2012
JR (20-23)	Dechamps Seba	250	7/04/2012
SR (24-39)	Dechamps Jerome	250	7/04/2012
M1 (40-44)		220	
M2 (45-49)		210	
M3 (50-54)		200	
M4 (55-59)		190	
M5 (60-64)		170	
M6 (65-69)		150	
M7 (70-74)		135	
M8 (75-79)		130	
M9 (80-84)		125	

MEN'S + 145 KG

T1 (14-15)		165	
T2 (16-17)		175	
T3 (18-19)		195	
JR (20-23)		210	
SR (24-39)		240	
M1 (40-44)		225	
M2 (45-49)		215	
M3 (50-54)		205	
M4 (55-59)		195	
M5 (60-64)		175	
M6 (65-69)		155	
M7 (70-74)		140	
M8 (75-79)		135	
M9 (80-84)		130	

Nieuw - Nouveau RECORD

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